



VOGUE, 1975



The top 10 best massage therapists in Auckland, as voted by you

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rounder with unparalleled skill in all styles of massage at Spring Spa. Having worked at top international spas, including Spring Spa in Bali, she puts her 15 years of global experience to good use and is highly requested with Spring's regular clients.

3. HONOURABLE MENTION:

Catherine Anderson, The Facialist

Catherine specialises in a gentle lymphatic massage using repetitive strokes, achieving a sense of spiritual reprieve by way of pure relaxation.

4. Esther Laverick, Forme Spa Mt Eden

5. Richenda Rowe, Body Form Ponsonby

6. Pim Mali, Golden Fingers

7. Lucy, Lily Therapy Traditional Massage

8. Lukas Nowicki, Holistic Health Corner

9. Sara De Jong, Tonic Room

Having travelled extensively through South East Asia honing her skills as a therapist, Esther taps into Asian massage techniques and uses her arms and legs to give your muscles a firm work over and much needed stretch. Her deep tissue 'Rock Me' massage will see her use hot basalt stones to deliver the warm relaxation and leave you feeling decidedly unwound.

6. For a traditional Thai massage: Pim at Golden Fingers

Tough but effective, the traditional Thai massage at Golden Fingers is just the ticket if you're after something a little more hard-hitting. Pim works hard to ensure she leaves a serious result: often using her hands, feet, knees and elbows to truly massage the patient thoroughly.